



## **Information for our bike guests**

Crans-Montana and especially the Crans Ambassador is an ideal place to go out and explore with your bikes the beautiful landscape of hills and mountains. You can alternate this sport activity with gastronomy and culture according to your preferences.

The hotel offers different services to fulfill your requirements in terms of comfort.

## **Dedicated services for our bike guests**

### **E-bike hire**

You can hire an E-bike directly at the hotel. Our concierge service will be happy to reserve it for you.

### **Bike room**

Our bike room is situated at the boutique just at the right of the entry of the hotel. You can ask for the keys at the reception or concierge service.

You can find special material for cleaning and repairing your bikes at the parking of the hotel or in the bike room

At the exterior a special place is reserved for cleaning your bikes and it consists in:

- A pipe and a nozzle with enough water pressure
- A cleaning kit (sponge, cloths, brushes and lubricants...)
- A kit with tools for small reparations

### **Restaurants**

Our Bar Lounge is open from 8:00 to 23:00 every day and offers light food.

On request, we adapt the breakfast service and dinner service to your personal requirements. A room service menu is also at your disposal.

Please contact the reception at least 24 h in advance, should you like to take an early breakfast or a late lunch.



# CRANS

## AMBASSADOR

On request, we offer a picnic for breakfast or lunch. The list of the products we offer for this picnic can be consulted at the reception desk.

Please order your picnic at least 24 h in advance at the reception desk.

### **Services**

A laundry service is at your disposal at the hotel.

The laundry and shoes must be handed over before 18:00 in order to guarantee a return from 8 am on.

Our Spa Nescens is open every day from 9:00 to 20:00. You might use it at the day of your departure to refresh yourself.

### **Wifi**

Our free Wifi system is available all over the hotel.

Name of the free Wifi: AmbassadorGuest

You can log your advices into the Wifi without any password.

### **Equipment**

Base equipment such as tire pump, puncture repair kit, snake skin ....is available at the reception.

### **Shuttle service for your bikes and luggage**

On request, the hotel proposes a free shuttle service for your bikes and luggage from the funicular in Montana to the hotel.

### **Spa access**

We propose a free access to your Spa Nescens including sauna, steam bath, swimming pool and fitness area.

Spa treatments can be reserved directly at the Spa reception upon availability.

### **First aid kit**

Our concierge service does have a first aid kit, and can help you with minor injuries. For any other injuries, please go to the nearby pharmacy in Crans.

## Our bike Partner

### Excursions

Guided tours and mountain bike lessons



ESS Crans Montana  
Route des sommets de Crans 1,  
396 Crans-Montana  
Téléphone : 027 481 14 80

### Reparations – bike and mountain bike hire



Boutique Avalanche  
Place du Marche 5  
3963 Crans-Montana  
Téléphone : 027 480 24 24

All other useful information can be given by our concierge team or reception, who are at your complete disposal to make your stay as pleasant as possible. Please do not hesitate to share with them your particulate wishes such as early breakfast hours, weather information, bus schedules and facilities in Crans-Montana.